# Fountain Hills April - May 2001 Published by Town of Fountain Hills Parks & Recreation

# Community Center Fund Drive Continues

With the new Fountain Hills Community Center nearing completion along La Montana Drive and Avenue of the Fountains, the center's fundraising committee is renewing efforts for contributions to enhance the center.

Under the auspices of the Fountain Hills Civic Association, to date the committee has raised almost \$250,000 in private funds—the halfway mark toward the goal of collecting \$500,000 for furniture, fixtures, and public art.

Donations are being solicited from individuals, clubs, businesses and foundations for the "Brick Program" and the "Vision of Community Program". Contributors to the brick program order inscribed bricks for placement along the center walkways. Community Vision donors contribute a minimum of \$1,000. Their philanthropy will be recognized on "The Hills", a commemorative artwork for the lobby of the new center.

#### The Hills Artwork

Designed by Michael Fleck, "The Hills" will be made of glass and etched with names of donors. Measuring some six-by-four feet in size, the artwork will be a unique, commemorative focus in the Town's centerpiece building.

Michael Fleck, Chairman of the Fountain Hills Public Art Committee, is the owner of The Write Idea, which is a Fountain Hills graphic and advertising agency. Mr. Fleck is creating the



Dick & Nan Bier and Frank & Grace Jakubs

artwork as a pro-bono project for the Town, and considers "The Hills" a tribute to the people whose dedication made the new center a reality. The mountains around Fountain Hills were his inspiration. "I sought to create an image of nature that surrounds us", said Fleck. "The curves of free flowing lines represent the majestic Four Peaks, Mazatzals, McDowells, and Superstition Mountains", said Fleck.

The glass will be in shades of blue to coordinate with the interior of the Community Center. Mr. Fleck is working with architect Rob Deitz on color, size, and lighting specifications for the piece. A companion work, incorporating a fountain design is under consideration.

#### Levels of Giving

Four levels of contribution will be honored on "The Hills" artwork. Those donating at least \$100,000 will be engraved on the top level as "Benefactors". The first gift at this level came from the Fountain

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## Community Fund

(Continued from page 1)
Hills Women's Club.

The "Patron" level recognizes those that donate \$50,000 and more. The Fountain Hills Civic Association has given at this level. Those making a \$10,000 contribution, including the Kiwainis Club of Fountain Hills will be honored as a "Sponsor".

The "Friends" level, for those donating \$1,000 and more will comprise the base of the artwork. "Businesses and families are prominent at this level", said John Rosenquist, fundraising committee Chairman.



American Legion Auxiliary #58 member Sandy Conklin, second right, presents a \$200 check to Judy Dragiewicz, right for an inscribed Community Center brick, as fellow auxiliary members Kay Ranta, Joyce Taglia and Judy Knapp, standing from left, and Bonnie Burns, Ruby Rogers and Ester Beauchamp, seated from left look on.

#### **Brick Program**

Anyone in town can be recognized at the new center by participating in the "Brick Program". Brick order forms are available at many sites around town, including the Town Hall offices and the Community Center. A separate order form should be used for every brick. For \$50 a donor buys a four-by-eight inch brick that can be engraved with a two line personal inscription. For \$200 donors buy a double brick with four lines of engraving.

The "Brick Program" has received outstanding citizen support. Some 450 bricks had been ordered when this edition of the Fountain Hills Compass went to press.

#### How You Can Help

"We know that the new center will be the Town hub for club functions and group activities", Rosenquist said. "Everyone coming into the building will see the artwork and read the names of all that gave financial donations to enhance the center. We are striving to have the names of everyone in Town on either the artwork or on a brick".

All donations to the Community Center Contribution Fund, including brick orders, are tax deductible. Donations may be made with cash, check and with MasterCard, Visa, and American Express cards. Checks should be made out to the Community Center Contribution Fund.

Donations can be mailed to the Community Center Fund, Post Office box 18254, Fountain Hills, Arizona 85269 or dropped of at the old Community Center Office at 11445 Saguaro Blvd.

Businesses, foundations, clubs, and individuals not yet contacted about a "Vision Program" contribution are asked to call either Evelyn Breting at 837-9306 or a committee member. In addition to John Rosenquist, members include Gail Appledorn, Judy Dragiewicz, Michael Fleck, Frank Jakubs, Grace Jakubs, Lee Robinson, Peg Tibbetts, and Bill Trask.

ecognizing the Cry for Help

Again, terror has struck at two schools in southern California. First, at Santana High School in Santee, California, when an individual started shooting and killed two fellow classmates. Then most recent shooting was at Granite Hills High School in El Cajon, California where five individuals were wounded and the gunman seriously injured.

In the Santee, California, shooting, numerous attempts were made by the shooter to reach out to someone for help, but his attempts were thought to be only a joke. No parent wants to believe that his or her child or anyone would be capable of committing



such a horrible act, but history has proven this to be fact. Unfortunately, the threat of school violence is a real problem that cannot be ignored.

The National Consortium of Academics and Sports reported that racism and violence are rising significantly in America's high schools. Seventy-five percent of all students surveyed reported seeing or hearing about racially or religiously motivated confrontations on a regular basis.

According to the U.S. Department of Justice,

36% of students nationwide concur that lack of parental supervision at home is the major factor contributing to violence in schools. However, 34% of students state a second factor is the presence of gang or group membership.

Victims of violence in schools cover the spectrum. For example, over 2,000 students and nearly 40 teachers are physically attacked on school grounds every hour of each school day each year, according to the National Education Association. The Department

of Justice states that every day in the United States approximately 100,000 youngsters carry guns to school.

For information regarding school visit www.usdoj.gov/ violence youthviolence.htm. This site offers information that focuses on family members' concerns who experienced, witnessed, or have been victimized by school violence and gang activity. The substance abuse sub pages guides individuals to helpful resources, support groups, publications, and organizations. Resources on keeping our schools safe are also provided on this website. You can also contact the National Crime Prevention Council in Washington, D.C. at 202-466-6272.

# Behavioral Patterns to Watch for in Young Adults

- 1. Frequent loss of temper.
- 2. Frequent physical fighting.
- 3. Significant vandalism or property damage.
- 4. Use of drugs or alcohol.
- Risk-taking behavior and/or low self-esteem.
- Detailed plans to commit acts of violence.
- Announcing threats or plans for hurting others.
- 8. Intentionally hurting animals.
- 9. Carrying a weapon.
- 10. Disconnected from social groups.

## Use of Temporary Signage in Public Rights-of-Way

Temporary signage os generally used for weekend garage sales, real estate open houses, political signs/advertisements, and retail businesses directing customers to their location. Below are some commonly asked questions intended to keep our community uncluttered and beautiful, while still accommodating the needs of residents and business owners. For more information on off-premise sign regulations, please visit our Zoning Ordinance on-line at www.ci.fountain-hills.az.us, Section 6.08(E) or contact us at: Fountain Hills Marshals Department at 480-837-8800, Fountain Hills Community Development Department at 480-837-2003, or Neighborhood Property Owners Association at 480-837-5317.

- 1. Are signs allowed in the Public Rightof-Way? Yes. Under certain conditions.
- 2. Where are signs permitted in Public Right-of-Way? The Public Right-of-Way is generally behind a street or curb. Signs shall be placed no less than three (3) feet behind the curb. If no curb is present, the signs must be placed at least 10 feet from the edge of the paved portion of the public right-of-way. No signs may be placed in the center medians of the roadways or on the sidewalks. However,

medians separating service roads from the main roadways may have signs placed on them. No signs are allowed on Shea Blvd or within 150 feet of a traffic light.

- 3. Is there anything required on the sign? All signs must have a directional arrow or address.
- 4. What materials may be used in temporary signage? Wrought Iron, sheet metal, plastic that is at least 1/8" thick, or wood that is at least 3/8" thick. Boxes may not be used.
- 5. What are the size requirements? Size may not exceed 4 1/2 square feet. The height may not exceed 3 feet in height, measured from the highest point of the sign to the grade at the base of the sign.
- 6. When may signs be placed in the Public Right-of-Way? Signs are permitted in the

Public Right-of-Way only between sunrise and sunset. They must be physically removed from the location each evening, not left at the location.

- 7. What if I want to have a garage sale? Garage sale signs that are consistent with these guidelines are available to you FREE OF CHARGE by contacting the Fountain Hills Marshals Department on a first come first serve basis.
- 8. Are political signs allowed in the Right-of-Way? Yes. However, political signs must comply with the same regulations, including removal at sunset.
  - 9. Do these guidelines apply to Special Events? Yes. However, additional signage may be approved when the Special Event permit is obtained from the Town of Fountain Hills.
  - 10. Are these the only regulations pertaining to signage in Fountain Hills?

No. the Neighborhood Property Owners Association has additional rules, as do most individual property owners associations for many neighborhoods throughout Fountain Hills. The Town of Fountain Hills also has additional regulations pertaining to signs in other locations. Please refer to Chapter 6 of the Zoning Ordinance of the Town of Fountain Hills and your Declaration of Reservations for your particular neighborhood.

#### **Home Alarms**

Do you have an alarm installed in your home or are you considering one? The Fountain Hills Marshals Department wants you to know that the Town regulates alarm companies

and recommends that you deal only with those which are licensed and certified in Fountain Hills. Consider the fact that alarm company installers will be entering your home and that alarm companies will have access to your codes when making a choice of alarm companies.

The Town runs a criminal history check on all alarm company officers and installation personnel, as well as verifies the company certifications before granting them a permit.



For your own protection, insist on seeing the Fountain Hills alarm license before contracting with an alarm company. If you would like to verify that a company is license and certified, contact the Fountain Hills Marshals Department at 837-8800 anytime day or night.

#### McDowell Mountain Photo Contest

The McDowell Mountain Preservation Commission received 13 excellent photographs of the Sonoran Desert and mountains around Fountain Hills. February's winner is Randy Bonner who captured a wonderful view of Pyramid Peak in the McDowell Mountains.

Many of us have been hiking in the desert the past two or three weeks and have been astounded by the profuse display of wildflowers. We have seen lupine, poppies, chuparosa, owl clover, desert mallow, desert honeysuckle, and many wildflowers smaller than a dime. In the next two months, we encourage contestants to submit in the next two months photographs that capture the flora of the desert and mountains. Following the wildflower season we will be looking for photographs depicting the cacti in flower.

Please submit your photo (unmounted) to Karen Holloway, c/o MMPC, Town of Fountain



Hills, 16836 East Palisades Blvd., Building A, Fountain Hills, AZ 85268. Deadline for the contest is the  $15^{th}$  of each month. Only one photograph per individual may be submitted each month. The photograph must be an original and taken by the person submitting it. Minimum size is  $4'' \times 6''$  and the maximum size is  $8'' \times 10''$ . Please write the name, address, phone number, and age (if under 18) on the back of the photograph.

Photographs will not be returned and the commission may request to use them in future publications. Members of the MMPC are not eligible to participate.

#### Water Safety Information

On April 25 from 9:00 a.m. to 3:00 p.m., Mesa Community College will hold its Water Safety Day.

Children's Safety Zone: www.sosnet.com/safety/ safety1.html

Drowning Prevention Coalition of Central Arizona www.preventdrowning.com

# igh risk Profile for Drowning Victims

- **★** 60% are children age's six months to four years old.
- **x** 75% drown in their own swimming pools.
- x 85% drown at the victim's or friend's home.
- X In 77% of child drownings, the child was out of sight for five minutes or less.
- **X** Most kids are found in their own pool with their clothes on.
- X Over 90% of families that lose a child end in divorce

Drowning Prevention: www.drownprevention.com

YMCA – contact any valley YMCA for swimming lessons.



KIDS AREN'T
DROWN
PROOF!

It's the time of year when some of us will start enjoying our back yard and community swimming pools. When we do, the number one thing to remember is water safety.

In Maricopa County last year there were 61 deaths, including 28 children that lost their lives in swimming pools.

1. Never leave a child unattended in the water or pool area for any reason.

2. Don't have a false sense of security because your pool and home are secure.

- 3. Always watch your children even if you have a pool fence or secured pool area.
- 4. Don't place any objects near pool fences, children can use these to climb over.
- 5. Always keep your eyes on the child or children. Designate a child watcher.
- 6. Talk with babysitters about pool safety, supervision, and drowning prevention.
- 7. Don't rely on swimming lessons or "floaties" to protect your children in water.
- 8. Don't assume that a drowning incident couldn't happen to your family.
- Encourage neighbors to follow pool safety guidelines, including keeping their back gates and doors locked, and their pool gates securely closed and latched.
- 10. Lock all exterior windows, doors and sliding doors at all times.
- 11. Lock doggie doors as well. Small children can easily fit in the small openings.
- 12. Don't allow children to play in the pool area.
- 13. Keep lifesaving equipment like a pole, life preserver, and rope in the pool area.
- 14. Empty wading pools when not in use. Empty standing water in all containers and spa covers. A child can drown in as little as two inches of water.
- 15. Learn CPR. For more information on CPR classes please call the Fountain Hills Fire Department at 480-837-9820.



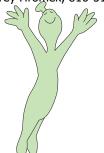
The Parks and Recreation Department would like to welcome the whole family to Golden Eagle Park to see the Easter Bunny! On Saturday, April 7, at 9:00 a.m., the Easter Bunny will be master of ceremonies for the 8th annual Eggstravaganza! There will be more eggs filled with candy and other prizes this year than ever before! The event will take place on fields 2, 3 & 4, and is open to kids in pre-school through 2nd grade. All children must be accompanied by an adult. Come out to see how many eggs the kids can get their hands on! If you would like more information about this event, or would like to volunteer, please call Corey Hromek at 816-5170. Be a part of all the Eggsitement!

#### Kiddie Rhythmics

Kids ages 2 - 6 are welcome to be a part of this movement and tumbling class taking place at the community center. There will be music, games and more! Kids have fun making new friends too!

Where: Community Center Fridays, April 6,13,20 & 27 Dates: Fees: \$24 per participant Times: 2:30 p.m. – 3:30 p.m. 2 – 6 years old

Contact: Corey Hromek, 816-5170



#### Youth Town Hall 2001

The Boys and Girls Club is accepting applications to participate in the 5th Annual Youth Town Hall. This program provides students with the opportunity to voice their concerns about their school, community and more in an open forum. Topics of discussion will be determined by the students and led by adult facilitators from around the community. The event is catered and will be attended by a celebrity

guest speaker yet to be named. Members of the Mayor's Youth Council will be handing out information about the event at every school in town. Don't miss your chance to speak out and be heard!

Where: F.H.H.S. Lecture Hall Ages: Students grades 9-12 Friday, April 27, 2001 Date: Contact: Rich Schultz, 836-0620



#### Party in the Park

You know that summer is here when Party in the Park has arrived! Start your summer right by hanging out at the pool and enjoying all the jams that the DJ will be playing. Refreshments will be provided, and door prizes will be given away throughout the night. You don't want to miss this party!

Where: Club Mirage

Date: Wednesday May 30, 2001 Times: 6:30 p.m. – 9:30 p.m. Ages: 11 - 18 years old

Fees:

Contact: Corey Hromek 816-5170

#### **Twilight Tuesdays**

Every Tuesday this summer teens should get out of the heat and enjoy all of the cool people hanging out at Fountain Bowl during the Twilight Tuesdays program. This Parks and Recreation program offers hours of unlimited bowling on the lanes, and an endless amount of music to dance to in the banquet hall!

> Where: Fountain Bowl Dates: Tuesdays, May 29

thru August 14, 2001 6:30 p.m. – 9:30 p.m.

Times: 11 - 18 years old Ages: Fees: \$7/participant Contact: Corey Hromek,

816-5170

#### Summer Clubhouse

The best summer camp in Fountain Hills is back! Sponsored by the Fountain Hills Boys and Girls Club and the Parks and Recreation Department, the Summer Clubhouse is the place to be! Kids will have the opportunities to learn arts and crafts, play games, go on trips, enjoy weekly special events and much more! Participants can pre-register for the entire summer, or take it week to week. There will also be the opportunity to participate on a drop in basis. Registrations will be accepted by the Boys and Girls Club through the summer's end. The first date to pre-register is April

21st, from 9:00 a.m. - 12:00 p.m., at the Kiwanis building. Registrations will be accepted until camp is full.

Where: Fountain Hills High

School

Times: 7:30 a.m. - 6:30 p.m. Dates: Monday - Friday,

May 29th-August 10th

Grades K - 6 Ages: Fees: \$70 per week

Contact: Amy Polster, 816-1974



#### Pee Wee Tennis Lessons

If they are ready to swing the racket, and they might like to play, bring out the little ones to try out their skills as a mini-Pete Sampras!

Where: Golden Eagle Park
Dates: April 3 – April 26, 2001

May 1 – May 24, 2001

Times: Ages 3-4: Tuesdays 6:30 p.m.

Ages 5-6: Tuesdays 7:00 p.m.

Ages: 3-6 Years old Fee: \$20 per participant



#### Junior Tennis Lessons

This is for Elementary School through High School age kids, and can be a starting place for a shot at Wimbledon or a recreational chance to try out the sport. All kids are welcome.

Where: Golden Eagle Park

Dates: Tuesdays & Thursdays.

April 3 – April 26, 2001 May 1 – May 24, 2001

Times: Stars: 4:30 p.m.

Champions: 5:30 p.m.

Middle/High School: 3:30 p.m.

Ages: Stars: 7-9

Champions: 10-12

Middle School & High School

Fee: \$50 per participant

Contact: J. Milo Bonnin, 480-816-5132

#### Adult Tennis Lessons

It doesn't matter if you are ready to play with the pros or if you've never held a racket, Tom Lepisto (tennis pro) will help you to hone and develop your skills. Come learn tennis in a relaxed atmosphere at the nicest facility around.

Where: Golden Eagle Park
Dates: April 3 – April 26, 2001

May 1 – May 24, 2001 Times: Beginners: Tuesdays 7:30 p.m.

Interm.: Thursdays 6:30 p.m. Advanced: Thursdays 7:30 p.m.

Ages: 18 and older Fee: \$30 per participant

Contact: J. Milo Bonnin, 480-816-5132

#### Adult 3-on-3 Basketball

Pick and roll, outlet pass for the shot from downtown! Adult basketball is back, so get your team together and sign up for ball on the newly refinished courts at Golden Eagle Park.

Where: Golden Eagle Park

**Basketball Courts** 

Dates: Thursdays, April 19-June 7 Time: Games start at 7:00 p.m.

Ages: 18 and over Fee: \$100 per team

Contact: J. Milo Bonnin, 480-816-5132



Teams participate in a recreational league at Golden Eagle Park on Wednesday and Thursday mornings. Players are encouraged to contact Milo to be placed on a team. This is a great way to get some exercise and meet new friends. Teams play double-headers each day. The deadline to register a team is Friday, April 6, 2001. Manager's packets are available at Parks & Recreation.

Where: Golden Eagle Park

Dates: Over 65 - Wednesdays April 18 – June 6, 2001

Under 65 – Thursdays April 19 – June 7, 2001 Games begin at 8 a.m.

Time: Games begin at 8 a Ages: 50 years and older Fee: \$100 per team

Contact: J. Milo Bonnin, 480-816-5132



# **Adult Coed Volleyball**

Dig into the newly renovated sand volleyball courts at Golden Eagle Park. Call all your friends and come out for a league with a minimum of 8 matches and a tournament. If you enjoy recreational volleyball, this is your chance to enjoy beautiful Arizona weather!

Where: Golden Eagle Park

Volleyball Courts

Dates: Sundays

April 22- June 10, 2001 Time: Matches start at 7:00 p.m.

Ages: 18 and over Fee: \$125 per team

Contact: J. Milo Bonnin, 480-816-5132



#### Little Miss Softball League

This fast-pitch league is for fun and friendship. Girls in 5th grade through High School are encouraged to participate . It is for any girl who would like to try softball — experienced or not. Practice begins the first week of June. Any girls who are interested are encouraged to call for more information.

Where: Golden Eagle Park
Dates: June 4 – July 27, 2001

Time: TBD

Ages: 5<sup>th</sup> grade through High School

Fee: \$25 per participant

Contact: J. Milo Bonnin, 480-816-5132

Mindy Jones, 480-837-4551

### Youth Volleyball

Boys and girls in grades 4-6 learn the basics of volleyball including passing, hitting, and serving. Pre-registration is required.

Where: Fountain Hills High School

Small Gym

Dates: Mondays & Thursdays

April 16<sup>th</sup> - May 17<sup>th</sup>
Time: 4:00-5:30 p.m.
Ages: 4-6<sup>th</sup> grade

Ages: 4-6<sup>th</sup> grade Fee: \$45 per participant

Contact: Brent Bitterman, 816-5142

#### Beginners Golf

Learn the basics of Golf. Techniques taught will range from how to hold the club, to the full swing, chipping, putting and the basics of the game. Clubs provided if necessary.

Where: Desert Canyon Golf Club Date: Tues: April 10th - May 8th

or Sats, April 14th - May 12th Saturdays, 8a.m.- 9a.m.or

Time: Saturdays, 8a.m.- 9a.n Tuesdays 6p.m.-7p.m.

Fee: \$35.00

Instructor: Ryan Graff

Contact: Amy Silverman, 816-5168



## Intermediate Golf Lessons

Do you play golf but wish you could improve? Learn more tips about how to play the short game, bunker play and fine tuning the swing. Please wear a collared shirt, nice slacks or shorts (no jeans), tennis shoes are fine. Please bring your own clubs.

Where: Desert Canyon Golf Club Date: Thurs, April 12th- May 10th Time: 6:00 p.m.- 7:00 p.m.

Fee: \$35.00

Instructor: Rvan Graff

Contact: Amy Silverman, 816-5168

#### Club Assistance

What interests you? Do you want to make new friends and share your experiences? How about becoming a Club that is sponsored by the Parks & Recreation Department? If you have any questions about Club Assistance please call Amy Silverman at 816-5168. All clubs welcome new members! Here are a list of Clubs currently sponsored by Parks & Recreation:

- Alzheimer's & Related Disorders Support Group
- Family History Society of Arizona
- Toastmasters Club
- Walking Club
- Duplicate Bridge Club
- Spanish Club
- Desert Beekeepers of Fountain Hills



In May we will take you to Payson Ranger District where we will hike the railroad tunnel trail to make our way to this historic area first established in the early 1880's by the AZ Mineral Belt Railroad. The distance is approximately eight miles and the hike is rated difficult. Don't forget to bring plenty of water, a sack lunch, your boots, and your camera!

Where: Railroad Tunnel Trail, Payson

Date: May 19, 2001 Time: 9:00 a.m. – 6:00 p.m.

Fee: \$15.00

Contact: Amy Silverman, 816-5168



# Arizona Excursions - Desert Botanical Gardens

Please join the Parks & Recreation Department as we tour the Desert Botanical Gardens. There will be a docent on-hand to guide us and answer all our questions. Bring a friend or make one while you get out of Town for the day.

Where: Desert Botanical Gardens
Date: Wednesday, May 2nd, 2001
Time: Vans leave the Senior Center

at 10:00 a.m.
Fee: \$15 per participant
Contact: Amy Silverman, 816-5168

#### Computer Classes

Learn basic computing or sharpen your current skills with Robertson Consulting Group. Great classes for those who have recently purchased their first computer! Please call for more information. Preregistration is required

Where: Fountain Hills Middle School

Computer Lab

Date: Spring Session III: April 2 - April 26, 2001

Time: 7:00 p.m.- 9:00 p.m.

Courses: Mondays: Computer Literacy

Tuesdays: Intro to Word Wednesdays: Interm. MS Word Thursdays: Intro to the Internet

Fee: \$65 each course



#### Concerts in the Park Series

During the month of April, Fountain Hills Parks and Recreation Department will present the Concert in the Parks Series. The event is co-sponsored by the Arizona Commission on the Arts. Each Sunday a different band will liven up Fountain Park from 2:30 p.m. to 4:00 p.m. NO CHARGE for the Music or Crafts at Kids Zone. Enjoy the afternoon with entertainment for all ages. Call Carrie Hartzell at 816-5173 for more information.

April 1 Frog Mountain features Bluegrass & Acoustic Music.

April 8 Triad will have sounds of Instrumental Swing, Bebop, & Latin Jazz. April 22 Southwest Brass plays Big Band, Dixieland, & Broadway.

April 29 Nova Mundo will close the series with Brazilian Music, Latin Jazz & Salsa.





Come play the exciting game of bridge every Friday. Players do not need a partner to participate.

Where: Community Center
Date: Fridays weekly
Time: 10a.m.-1p.m.
Fee: \$1 per participant
Contact: Evelyn Breting, 837-9306



# Scrapbooking Pemonstration

Wondering what to do with piles of old photos & memorabilia? Come and learn important information about photo preservation, organizing, cropping, layout, mounting, journaling and much more. You'll be presented with instructional information regarding photo-safe memory storage and you will learn four easy steps to turn boxes of photos and memorabilia into safe, meaningful and creative keepsake albums.

Where: Senior Activity Center
Date: Tuesday, May 15th,2001
Time: 1:00p.m.-3:00p.m

Fee: No Charge

Instructor: Kirsten Bonnin Contact: Amy Silverman, 816-5168

#### Library Partnerships

Knitting and Crocheting - Join us at the Library to learn or re-learn these age-old traditions. Bring yarn, needles or crochet hooks. No registration necessary.

Where: Fountain Hills Branch Library

Date: Friday, April 20,2001 Time: 10:30a.m.-11:30a.m.

Fee: NO CHARGE

Instructor: Bernadette Daly

Contact: Amy Silverman, 816-5168

#### Intermediate Water-Color

Take the next step! Start painting exciting landscapes and beautiful flowers. Join your friend Joan as she guides you to becoming a talented artist. Supply list available upon registering. Preregistration is required.

Where: High School Art Room

Tech Lab

Dates: Weds, May  $2^{nd}$ ,  $9^{th}$ ,  $16^{th}$ , &  $23^{rd}$ 

Time: 4:00 p.m. – 6:00 p.m. Fee: \$24 (plus supplies) Instructor: Joan Campbell

Contact: Amy Silverman, 816-5168



# Writing With Style!

Have you ever wanted to create your own invitations, greeting cards, or what have you? Learn how to do Caligraphy in this short two hour demonstration.

Where: Golden Eagle Park Palo Verde Room.

Date: Tuesday, May 15, 2001
Time: 4:00 p.m.-6:00 p.m

Fee: No Charge

Instructor: Joan Campbell

Contact: Amy Silverman, 816-5168

# Poes Holistic Healing Really Work?

Please join Fredora Nightengale Powell as she explains the benefits of holistic healing. Learn new holistic healing methods, and how to achieve calm and inner peace. Call today for more information! No registration necessary.

Where: Fountain Hills

Branch Library

Date: Friday, April 27th, 2001

Time: Noon-1:00p.m. Fee: NO CHARGE

Instructor: Fredora Nightengale

Powell

Contact: Amy Silverman,

816-5168

#### Tai Chi

This is a healing art based on ancient Chinese principles involving a set of slow, traditional movements, which includes strength, flexibility and balance. This quiet meditation is suitable for all ages as well as those with special health problems. Pre-registration is required.

Where: F.H. High School Dance Room Date: Weds, April 18- May 30, 2001

Time: 5:30 p.m.- 6:30 p.m.

Fee: \$32.00

Instructor: Fredora Nightengale Powell Contact: Amy Silverman, 816-5168



YOGA

Enjoy this very relaxing exercise class and become both physically and mentally fit. Experience the mood music and deep meditation. Please supply your own mat and wear comfortable clothing and no jewlery. Pre-registration is required.

Where: Community Center

Date: Weds, May 2 - June 20, 2001

Time: 9:00 a.m.-10:00 a.m

Fee: \$32.00

Instructor: Terri Higgins

Contact: Amy Silverman, 816-5168

# Country Line & Couples Pancing

Calling all Cowboys & Cowgirls! It's Round 'up time. Grab your partner

and join a fun group of eager learners for lessons in Western Shuffle, San Antonio Stroll, Texas Star, Two-step, Electric-slide, and more! Pre-registration is required.

Where:Fountain Hills H.S.

Dance Room

Date: Tuesdays

April 10 - May 29

Time: 7:00-8:00 p.m. Fee: \$40 per individual

\$65 per couple Instructor: Al & Noreen

Kurdzialek

Contact: Amy Silverman

816-5168

# Intermediate Country Line & Couples Pancing

Okay, so you can dance. Now let's take it a step further! Join Al &

Noreen as you improve upon the skills that you have acquired in the Beginners class. Pre-registration is required.

Where: Fountain Hills H.S.

Dance Room

Date: Tuesdays

April 10th- May 29th Time: 8:00 p.m.-9:00 p.m.

Fee: \$40 per individual \$65 per couple

Instructor: Al & Noreen

Kurdzialek

Contact: Amy Silverman,

816-5168

Ballroom Dancing Classes

You Could've Danced all Night! Now, you still

can. Classes are now forming for:

the Swing, Social Fox Trot, Rumba, & Cha Cha. No prior experience required, First timers welcome! It's never too late too learn how! Pre-registration is required.

Where: Fountain Hills H.S.

Dance Room

Date: Thurs, April 12 -May 31, 2001

Time: 7:00-8:00 p.m., Fee: \$40 per individual \$65 per couple

Instructor: Al & Noreen Kurdzialek Contact: Amy Silverman, 816-5168



# Fountain Hills Parks and Recreation Program Registration & Release of Liability

Please PRINT

Main Contact								
Address				City _		State	Zip _	
Home Phone	Work Pho	Work Phone Emergency Phone						
Participant's Name	Birth Date	Sex	Grade	T-shirt Size	Program Title	Progran	n Date(s)	Fee
Please make checks payable to: The Town of Fountain Hills						TO	TAL	
Count to Double and Decreation Decreates	ATTNI Drogram D	a miatrati	an DO [	20v 170E	Countain Hills A7 95960	For	Office Use Only	

Send to: Parks and Recreation Department, ATTN: Program Registration, P.O. Box 17958, Fountain Hills, AZ 85269 OR Deliver to: Town Hall, 16836 E. Palisades Blvd., Building A

For C	Office Use Only
Date Received	
Check #	_

#### IF YOU REQUIRE SPECIAL ACCOMMODATIONS, PLEASE CALL 837-2003 (VOICE) OR 1-800-367-8939 (TTD)

I understand that no medical insurance is provided for Town of Fountain Hills activities and agree to assume the risk for any injury related to my participation or the participation of my dependents. I agree to make no claims against the Town of Fountain Hills or any of it's officers, employees, or volunteers for any injury or incident arising from this activity, however caused, including liability for negligence. I am physically able (or my dependent is physically able) to participate in this activity. I consent to any medical treatment my dependent needs while involved in this activity and I agree to pay for it. I realize that the Town of Fountain Hills is not responsible for lost or stolen articles.

Signature of Participant (or parent/guardian if participant is under 18)	 Date	

#### Senior Center Activities

The Senior Activity Center offers classes and activities for adults of all ages. The Center is located in the Kiwanis Activity Center, 16957 Kiwanis Drive. The Senior Center is open Tuesday – Friday, 9:00 a.m. – 4:00 p.m.

Aerobics – Low Impact Tuesdays & Thursdays, 9:10-10:10 a.m.; \$2/session; 55+ years old.

Brenda Shaffer, Certified Fitness Instructor

Aerobics – Peer Led Mondays & Wednesdays, 7:30-8:30 a.m. (video tape instruction)

Art Classes Justine Mantor, B.F.A, M.A, M.F.A. is the instructor. Please call for schedule

Fridays, 1:00 p.m. - 3:00 p.m. Wednesdays, 9:30 a.m. - 12:30 p.m.

Bridge – Duplicate Mondays, 12:00 p.m. - 4:00 p.m.

Bocce Ball Bridge – Contract

**Living Trusts Seminar** 

Caregiver Support Group April 11th and May 9 (2<sup>nd</sup> Wednesday of the month) 10:00-11:30 a.m.

Cards & Poker Fridays, 9:00 a.m. – 12:00 p.m.; ongoing

Diamondback's Game Trip Tuesday, May 22nd. Call 816-5888, the sign up deadline is April 21st.

Ticket price is \$20-\$22, which includes charter bus to gate & ticket to the

Diamondbacks/Giants game.

Fishing Club April fishing on 5th & 19th at Verde River or Saguaro Lake. May fishing on 3rd,

17th & 31st at "The Rim" providing ice is off the lakes. Call 816-5888.

Line Dancing Thursdays, 10:30-11:30 a.m.; continuing students.

Open Line Dance on Monday evenings, April 2nd & May y, 7:00 - 9:00 p.m.

Tuesday, May 1st, 1:30 - 3:00 p.m. with Maureen Featherston

Long Term Care Seminar Tuesday, April 24, 1:30 p.m. - 2:30 p.m.

Mixed Singles Group For men & women. 2<sup>nd</sup> & 4<sup>th</sup> Wednesdays of the month, 1:30-3:30 p.m. Call

Marcia 837-3991.

Prison Tour Arizona State Prison at Florence. Friday, May 11th. Call for details 816-5888
Senior Safety Seminar Presented by FHFD on home safety and streets. Friday, April 27, 1:00-2:00 p.m.

Strength Training Tuesdays and Thursdays 8:00 a.m. - 9:00 a.m., \$2/session, Brenda Shaffer

Strength Training-Peer Led Fridays, 7:30 a.m. - 8:30 a.m., Center schedule permitting

Suddenly Alone Steps for Surviving Spouses, Tuesdays, April 10th, 1:30 - 3:00 p.m.

Table Talk for Women Thursdays 1:00 - 3:00 p.m., ongoing

Tax-Free IRA Withdrawals
Travel, Trips, Excursions
Tuesdays, April 3rd, 1:30 - 3:00 p.m.
Call for current schedules. Day trips and longer trips

Treasures from the Past An Antiques seminar by Questers. Tuesday, April 17, 1:30 - 3:00 p.m.

Wood Carvers Carve Along Fridays, 1:00 - 4:00 p.m.

Writers' Group Wednesdays, 1:00 - 3:00 p.m., April 25 & May 30th

For fees, if applicable, or for scheduling information, please call the Senior Center at 816-5888.

Ongoing services provided by or referred by the Center include: benefits counseling (Social Security and Medicare),

Home Delivered Meals, and connection to other resources.

#### How to Contact Us

Town Hall:
Parks & Recreation:
Marshals Department: 480-837-8800
Sheriff's Department:
Fire Department:
Public Library:
Community Center:
Senior Center:
Fountain Hills Sanitary District: 480-837-9444
Fountain Hills Unified School Dist #98: 480-837-0693



Town of Fountain Hills 16836 East Palisades Boulevard Post Office Box 17958 Fountain Hills, AZ 85269

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